IN CHURCH ON SUNDAY
AUGUST 28, 2019 ISSUE
8:15 and 10:45 a.m. Worship Service
9:30 a.m. Sunday School

September 1st
Twelfth Sunday after Pentecost
Communion Sunday

Sermon Series: Pillars of Faith
The Sermon: “Faith Enough to Wait”
Rev. Howard White

Scripture: Luke 14:25-33

Anthem:
8:15 TBD
10:45 Call to Praise
Sanctuary Choir

Hymns:
185 When Morning Gilds the Skies
616 Come, Sinners, to the Gospel Feast
568 Christ for the World We Sing

FIRST Thoughts

Last week I introduced the topic of inviting someone to church or sharing your faith. Here are some things to keep in mind.

Tips for Sharing Your Faith

Pray. Always talk to God about people before you talk to people about God. Ask him to lead you to those he wants you to reach. As God puts people on your mind, add them to your prayer list, and use a tool like the Invest and Invite Card to pray for them daily. (We’ll have these cards soon at First Church)

Listen. You can’t build authentic relationships without being a great listener. Take a genuine interest in the cares and concerns of the people around you. Show respect for who they are and what they have to say. Remember: People don’t care how much you know until they know how much you care.

Build on areas of common ground. Look for and initiate conversations around areas of common ground. Plan activities or get into deeper discussions around these points of mutual interest.

Mention spiritual matters early. Plant early seeds. When a friend asks what you did over the weekend, you might mention that you went to church as part of your answer. Simply mentioning church or Bible Study early on will help you introduce an invitation when the time is right.

Always be ready. As the Apostle Peter urges: If you are asked about your Christian hope, always be ready to explain it (1 Peter 3:15). Be prepared to share your story and invite others to church.

God Bless, Pastor Howard

ASBURIAN

Newsletter of:
The First United Methodist Church
214 W. Main St.
Carbondale, IL 62901

Our Mission Statement: “Called together by the Holy Spirit, we proclaim God’s presence and love in the world through prayer, worship, education and service. We invite children, youth and adults to become disciples of Jesus Christ, live fully in the Holy Spirit, and embrace God’s love.”

Pastor: The Rev. Dr. Howard L. White
Associate Pastor: Yiwen Bi
Dir. of Christian Education: Necia Jannings
Prayer Chain: Email: Sara Hinde at sjhinde04@gmail.com
Broadcast: 10:45 service is heard live on WCIL-AM (1020)
For van rides: Call the church office (457-2416)
Email: fumc@fumc-cdale.org
Website: www.fumc-cdale.org
Facebook: www.facebook.com/FirstUnitedMethodistCdale

First Thoughts

September 8th
Thirteenth Sunday after Pentecost
Blood Pressure Sunday

Sermon Series: Happy People
The Sermon: “Take Faith Seriously”
Rev. Howard White

Scripture: Luke 14:1-7

Anthem:
8:15 One Bread, One Body
Steve Mitchell, soloist
10:45 Breaking of the Bread
Sanctuary Choir

Hymns:
81 I’ll Praise My Maker While I’ve Breath
424 Must Jesus Bear the Cross Alone
553 And Are We Yet Alive
382 Have Thine Own Way, Lord

*This newsletter is produced by the First United Methodist Church, Carbondale, IL 62901. It is distributed as a courtesy to our members and friends. The views expressed in this newsletter are not necessarily those of the church. The church does not endorse political candidates or positions. Please address any questions or comments to the church office at 457-2416.*
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<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Activity</th>
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<tr>
<td>Aug. 29</td>
<td>Sunday</td>
<td>8:15 Worship Service</td>
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<td>9:30 Sunday School</td>
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<td>11:45 Trivia Night Planning Meeting</td>
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<td>5:30 p.m., Pita Alley</td>
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<td>Hosts: Mary Beth Aguilar, Elaine Crain</td>
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<td>Sep. 1</td>
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<td>5:30 p.m., Little Grassy Camp</td>
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<td>Hosts: Mary Beth Aguilar, Elaine Crain</td>
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<td>Oct. 5</td>
<td>Thursday</td>
<td>5:45 Gentle Toning, Stretch and Yoga</td>
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* A fee is charged.
A New Small Group: Searching for Happiness

A new small group is starting soon to accompany the upcoming Fall Sermon Series: “Happy People”


When: Sunday mornings at 9:30 a.m., Sept. 15 to Nov. 10, 2019

Where: Will meet in Rm. 308

For more information contact: Leah Farrar-White at (309) 318-9372 or Lfarrarwhite@hotmail.com. You can also call the Church Office at (618) 457-2416 to sign up for the class.

Let’s Walk Campus Lake

- Be Social
- Connect
- Be Healthy

Who: All are welcome, invite friends—Just Show Up

What: Meet, greet, and gather for a brief scripture and prayer before we walk Campus Lake.

When: Wednesdays at 8:30 a.m. for 6 weeks (9/11 to 10/16) * Not meeting if it rains *

Where: Meet at the Becker Pavilion (SIU permit required—nearby visitor lot 37 can pay $1 to park)

Contact: Leah Farrar-White, (309) 318-9372 (call or text) or e-mail Lfarrarwhite@hotmail.com
How Green Can You Be?
Earthwise365! Reducing Our Footprint One Step at a Time (PS828). How green can you be? This class is offered at John A. Logan College in the Community Education curriculum this fall.

The course will learn practical ways to help reduce our environmental footprint by exploring various topics. The class meets 6 sessions from 6:00 p.m. to 7:00 p.m. on Thursdays beginning **September 12, 2019**, at John A. Logan College in Carterville. The fee is $20.00.

Registration can be completed online at [http://higherrreach.jalc.edu/modules/](http://higherrreach.jalc.edu/modules/), in person at John A. Logan College Building H, or by phone at 618-985-3741, x8248.

Thank you, **FUMC-C’dale Green Team**
CALENDAR OF UPCOMING EVENTS

Sept. 5  Priscilla Circle, 1 p.m.
Sept. 17 Morning Circle, 10 a.m.

Count Down of 10 Reasons to teach...

4. You’ll deepen your relationship with God and knowledge of scripture.

BONUS: Along the way, you’ll grow in patience, humility, and selflessness.

SKILLS NEEDED: ability to read, sense of humor, caring spirit, love of God growing in your heart.

Contact Necia at 457-2416 or neciaj@fumc-cdale.org

Open Hearts, Open Minds, Open Doors
Next Meeting Monday, September 9
6:30 p.m. Heritage Room

This group is meeting in response to the General Conference 2019 vote on LGBTQ issues, with a goal of affirming that First United Methodist Church of Carbondale welcomes everyone. It is also a place for sharing information about what is happening across our denomination and ways to effect change. If you would like to learn more about this topic, please join us.

Check it out...in the Children’s Library
5-Minute Adventure Bible Stories
By Zondervan Publishing

Children will love these timeless 5-minute Bible adventures, featuring the classic stories of Noah’s ark, Daniel and the lions, the birth of Jesus, and more... bright, colorful illustrations and fun, interactive elements. Each of these stories can be shared in just 5 minutes, making this collection perfect for families on the go, children learning to read, and kids at bedtime.

Classes for Middle School
Classes for 1st-5th grades

Friday, Sept. 20, noon—2 pm

Middle School Classes
“Knot” Sewing; The Early Bird Gets the Worm... but what about the Owls; and Arts Alive: Worship Arts

1st-5th Grade Classes
It’s All in the Hands; Hammers, Nails, and Other Stuff; and Scrapbooking

REGISTER BY SEPTEMBER 8 COST PER CLASS: $10
Please join Southern Illinois Group for Coffee & Donuts and the St. Louis Symphony as they Present Brahms' Fourth Symphony on Friday, November 15, 2019

6:30 a.m. Departure from the South End of the SIU Arena Parking Lot
We will make our way to Powell Symphony Hall this morning for their popular program - the Coffee and Donuts Concert. We will arrive just in time for the pre-concert lecture. Enjoy this interesting perspective of the music which you will hear about from one of the conductors of the Symphony.

Stephane Deneve conducts the St. Louis Symphony for Brahms' Fourth Symphony. Violinist Gil Shaham, beloved by St. Louis Symphony musicians and audiences, performs a concerto that lies close to his heart. Bartok’s concerto is a poignant farewell to the composer's native Hungary. Brahms’ Symphony No. 4 shares similar emotions, the sorrow and pain of a goodbye, which Deneve and the Symphony play with fervor.

After the concert, return to our motor coach and travel to the "Hill" for a late lunch at Favazza's. After lunch, we'll stop at the Missouri Bakery here on the "Hill" for a little shopping time. Then we'll return back to Carbondale arriving at approximately 6:30 p.m.

PER PERSON COST: $115
For Information Call: Don Boehne - (618) 549-1319
All payments are non-refundable.

Reservations are due no later than September 27, 2019. Due to the policy of the Symphony all payments are due by that date and are non-refundable. Please call (618) 536-7751 with your payment information. If adequate numbers are not met, the tour will cancel and all monies refunded back to you.

SUNDAY CHRISTIAN EDUCATION

Children’s Opportunities, Sundays

Sundays at 9:30 a.m. Children's Sunday School (K-5th grade) uses the Deep Blue from Cokesbury.
Main Topic: “Communities Welcome” - Sept. 1 Sunday School—“We Are One” Sept. 8 Sunday School—“Communities Accept”

Sundays at 10:45 a.m. Children’s Church (K-5th grade). All children are invited to Children’s Church following the Children’s Time at the 10:45 a.m. worship service.

Youth Opportunities, Sundays at 9:30 a.m.

9:30 a.m. Junior/Senior High Class meets in Room 414 and uses a variety of materials connecting the lessons of the Bible with issues relevant to today's youth.

Adult Opportunities, Sundays at 9:30 a.m.

Searching for Happiness—How Generosity, Faith, and Other Spiritual Habits Can Lead to a Full Life by Martin Thelen. The class will be led by Pastor Howard White and Leah Farrar-White. Meeting Dates: Sept. 15-Nov. 10, Room 308.

Renew Class - Renew is a group of women seeking deeper meaning in their lives through Bible study, reflection and prayer. New study started August 11: Five Means of Grace-Experience God’s Love the Wesleyan Way. They meet in the Chapel. Women of all ages are welcome.

The Electives Class - Scripture studies following the lectionary led by Rev. John Sims. They meet in the Heritage Room. All are welcome!

Small Group Opportunities

Gentle Toning, Stretch, and Yoga Techniques meets on Thursdays at 5:45 p.m., Rm 404, the Chapel.

Golden Yoga meets on Tuesdays at 10:15 a.m. and on Fridays at 9:30 a.m., Rm 404, the Chapel. A fee is charged for this class.

Grateful Hearts meets on Wednesdays at 6 p.m. in Room 308. Class will resume on September 11.

Men’s Group All men of the church are invited to coffee and refreshments on Tuesday mornings at 8:30 a.m. in the Heritage Room. We discuss anything and everything from the perspective of our relationship with God.

Open Hearts, Open Minds, Open Doors meets in the Heritage Room. Help us explore ways we can share the love of Christ with all people? Come share your ideas. Looking forward to seeing you!

The Daniel Plan Essentials meets in Room 403 at 9:00 a.m. on Tuesdays. They started the series The Science of Natural Healing on April 2. Everyone welcome.

Youth Group meets on Wednesdays at 6 p.m. in the Chapel. They will resume meeting on August 21. Time and location to be determined.

Get Connected...to great opportunities for spiritual growth and fellowship on your Christian journey.