Our Mission Statement: “Called together by the Holy Spirit, we proclaim God’s presence and love in the world through prayer, worship, education and service. We invite children, youth and adults to become disciples of Jesus Christ, live fully in the Holy Spirit, and embrace God’s love.”

The last few weeks have been a real joy at First Church, as we have welcomed two new families into our membership and celebrated Mary Scott’s baptism. It’s a reminder that this is a time of year when people are thinking of Church. Research says that the start of the school year is second only to Easter for people attending a church for the first time. When we invite a friend, neighbor, co-worker or friend to church at this time of year, we are cooperating with something God is already doing. There are few words with as much power to change someone’s life as, “Would you like to go to church with me?”

Here’s an excerpt about faith sharing from a book I self-published a few years ago called “Next Steps For Your Faith Journey: 8 Next Steps For New Believers.”

Focus on Relationships
Building authentic relationships is the key to reaching others for Jesus. So where should you look to initiate relationships that will eventually give you the opportunity to share your faith? Start with these three groups of people:

People you already know: family, neighbors, co-workers, and friends. This is the best group of people for you to share your faith with. The key is to continue socializing with them as you always have. Don’t jump right into your mission to share your faith without still being there as the family member, neighbor, co-worker, or friend that they know and love.

People you used to know: schoolmates, former co-workers, friends you’ve lost touch with, etc. It may take some effort to reconnect, but you will be amazed how open people are to renewing friendships, even if it has been a long time. Find them online or through a friend of a friend and see what God can do.

People you would relate well with: civic groups, health clubs, community organizations, sports leagues, etc.

If this has helped you think about people to invite to church, write their names down somewhere and begin praying for them. Next week, I’ll give you some tips for sharing your faith.

God Bless, Pastor Howard
In Church This Week
Aug. 22 to Sept. 5

22 Thursday
5:45 Gentle Toning, Stretch and Yoga—NOT MEETING
7:00 Choir Rehearsal, Sanctuary

23 Friday
9:30 Golden Yoga, Room 404 *

24 Saturday
8:15 Worship Service
9:30 Sunday School
10:45 Worship Service

25 Sunday
8:15 Worship Service
9:30 Sunday School
10:45 Worship Service

26 Monday
8:30 Men’s Group, Heritage Room
9:00 Daniel Plan, Room 403
10:15 Golden Yoga, Room 404 *

27 Tuesday
8:30 Men’s Group, Heritage Room
9:00 Daniel Plan, Room 403
10:15 Golden Yoga, Room 404 *

28 Wednesday
9:00-3 Healing Touch (by appointment), Rm 403
TBD Youth Group, TBD

29 Thursday
5:45 Gentle Toning, Stretch and Yoga
7:00 Choir Rehearsal, Sanctuary

30 Friday
9:30 Golden Yoga, Room 404 *

31 Saturday

1 Sunday
8:15 Worship Service
9:30 Sunday School
10:45 Worship Service

2 Monday Labor Day Holiday—Church Closed

3 Tuesday
8:30 Men’s Group, Heritage Room
9:00 Daniel Plan, Room 403
10:15 Golden Yoga, Room 404 *

4 Wednesday
9:00-3 Healing Touch (by appointment), Rm 403
4:45 Handbells
TBD Youth Group, TBD

5 Thursday
1:00 Priscilla Circle
5:45 Gentle Toning, Stretch and Yoga
6:00 Education Committee
7:00 Choir Rehearsal, Sanctuary
*A fee is charged.

22 Thursday
5:45 Gentle Toning, Stretch and Yoga—NOT MEETING
7:00 Choir Rehearsal, Sanctuary

23 Friday
9:30 Golden Yoga, Room 404 *

24 Saturday
8:15 Worship Service
9:30 Sunday School
10:45 Worship Service

25 Sunday
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9:00-3 Healing Touch (by appointment), Rm 403
TBD Youth Group, TBD

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5:45 Gentle Toning, Stretch and Yoga
7:00 Choir Rehearsal, Sanctuary

30 Friday
9:30 Golden Yoga, Room 404 *

31 Saturday

In Sympathy: Sympathy to family & friends of Mary Sasse, who passed away on August 4, 2019.
In Sympathy: Sympathy to Gail Peterman & family & friends, on the death of her uncle, Robert Chapman, who passed away on August 15, 2019.
In Sympathy: Sympathy to Sarah Matthews & family & friends on the death of her mother, Elizabeth Matthews, who passed away on August 17, 2019.
In Sympathy: Sympathy to the family & friends of Ethel Watson who passed away on August 8, 2019.

Volunteer Opportunity: A volunteer is needed to coordinate the Coffee Hosts for 10:45 a.m. Please contact the Church Office if you are interested.

2020 Flower Chart: is ready for sign ups. It is in the same location—on the wall at the incline, leading to the church office. Thank you.

SATURDAY NIGHT LIVE
September 7, 2019
5:30 p.m. at Pita Alley
Hosts: Mary Beth Aguilar and Elaine Crain

Brief presentation on their trip to the Balkans and the Greek islands by your hosts.

PARISH pulse
As of August 21, 2019

PILLARS Series - Pillars of Faith—Aug 11 - Sept. 1
What does it mean to have faith, to trust in things not seen?

The "Pillars of Faith" series title refers both to people and also to principles. This Sunday, we continue the “Heroes Hall of Fame” that the book of Hebrews began last Sunday. In the book of Hebrews and in Jesus’ teachings in the Gospel of Luke, we learn how faith empowers us to see the unseen, boldly seek God in the face of opposition, and trust God to accomplish things we can only imagine.

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SUNDAY FALL KICK-OFF SEPTEMBER 2019
September 8 noon - 4 pm
Sign up by August 25

12:15-1 pm Lunch provided:
1-3 pm Swimming, boating, fishing, hiking
1-3 pm Entertainment, tours of cabins and facilities
4 pm Closing time.
Lunch menu:
Pork Loin, roasted chicken, vegetarian pasta, tri-color potatoes, green beans, salad, rolls, and dessert.
**Disciples for Sunday, August 25, 2019, Blood Pressure Sunday**

Altar flowers are given by the family of George Everingham in honor of George Everingham, Gail Snively and Steve Pittman for their birthdays on August 29.

- **Acolytes:** Lexi and Logan Frick
- **Indoor Greeters:** Greg & Linda Meredith
- **Liturgists:** 8:15: Nancy Keenan; 10:45: Nancy Mitchell
- **Sound System Operators:** 8:15: Joe Swindell; 10:45: Keven Mitchell
- **August Ushers:** Mike Neill, Captain; 8:15: Volunteers Needed; 10:45: Ron Browning, Joe Lenzini, Lori Palmer, Krishna Balasubramanian, Will Stephens
- **Parish Nurses:** Carol White, Dana Oberg
- **August Nametags:** Carolyn Saunders

- **Coffee Hosts:** 8:15: Revita & Fred Black; 10:45: Sara & John Hinde
- **Outside Greeters:** Jan & Gary Austin
- **Van Driver:** Don Bryant, Jr.
- **Welcome Center:** 8:15: Barb Bedient; 10:45: Betty Bishop
- **Children’s Church Registration:** George & Shirley Everingham
- **Children’s Church:** Cayden & Carlisle Hinde
- **Youth Helpers:** Julia Oberg, Brenden McNally

**Disciples for Sunday, September 1, 2019, Communion Sunday**

Altar flowers are given by Al & Mary Felthous in memory of our brother, Frank Wilkins.

- **Acolytes:** Reese Matzenbacher, Olivia Bishop
- **Indoor Greeters:** John & Karol Phelps
- **Liturgists:** 8:15: John Phelps; 10:45: Bud Koch
- **Sound System Operators:** 8:15: Scott Wright; 10:45: Ron Browning
- **September Ushers:** Ron Diel, Sue Stucky, Captains; 8:15: Ron Diel, Sue Stucky, and Jean Hoagland; 10:45: Dan Kimmel
- **Communion Ushers:** 10:45: Karl Bartelsmeyer, Captain; George Everingham and Jan Waggoner

- **Coffee Hosts:** 8:15: Jean & Bob Hoagland; 10:45: Linda & Rob Lucas
- **Outside Greeters:** Carol & Gordon White
- **Van Driver:** John Craig
- **September Nametags:** Sally Washburn
- **Welcome Center:** 8:15: Jan Verduin; 10:45: Judy McNeill
- **September Communion Committee:** 8:15: Don & Jean Boehne; 10:45: Set Up and Clean Up: Sue and Ed Tresnek

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**Join Us for a Trivia Night Planning Meeting**

OPEN TO EVERYONE INTERESTED IN HELPING ORGANIZE OUR 1ST TRIVIA NIGHT IN FUMC. WE WILL DISCUSS DETAILS FOR A TRIVIA NIGHT IN NOVEMBER AS AN ASP FUNDRAISER & COMMUNITY EVENT

After church on September 8, at Little Grassy Camp during Fall Kick-Off lunch

Contact Yiwen: yiwenb@fumcdale.org
Musicians—Be Part of Something Special
Sanctuary Choir rehearsals resumed last week on Thursday, August 15 from 7-8 pm. This is a great opportunity to join the choir and help provide a great service to the church. Singers, high school age and up, and of all vocal abilities are welcome. If you love to sing, come give us a try.
Give Bob Weiss a call at (618-203-1672) if you are interested or have questions.

ON SALE!!!!
CHURCH T-SHIRTS
Get yours for our fall activities.
Children sizes-$5.00
XS, SM, Med, LG
Adult sizes-$7.00
SM, Med, LG, XL, XXL

How Green Can You Be?
Earthwise365! Reducing Our Footprint One Step at a Time (PS828). How green can you be? This class is offered at John A. Logan College in the Community Education curriculum this fall.

The course will learn practical ways to help reduce our environmental footprint by exploring various topics. The class meets 6 sessions from 6:00 p.m. to 7:00 p.m. on Thursdays beginning September 12, 2019, at John A. Logan College in Carterville. The fee is $20.00.

Registration can be completed online at http://higherreach.jalc.edu/modules/, in person at John A. Logan College Building H, or by phone at 618-985-3741, x8248.

Thank you, FUMC-C’dale Green Team
CALENDAR OF UPCOMING EVENTS

- Sept. 5  Priscilla Circle, 1 p.m.
- Sept. 17 Morning Circle, 10 a.m.

Count Down of 10 Reasons to each...

5. You’ll learn how to share your faith (and your family will see yours in action).

BONUS: Along the way, you’ll grow in patience, humility, and selflessness

SKILLS NEEDED: ability to read, sense of humor, caring spirit, love of God growing in your heart.

Contact Necia at 457-2416 or neciaj@fumc-cdale.org

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When Mossy is picked up and taken to a museum, she misses her rock by the waterfall but most of all she misses her friend, Scoot. As more and more people come to admire Mossy at the museum, the sadder Mossy becomes. Dr. Carolina realizes that Mossy is homesick. How will Mossy get back to Scoot and how will Dr. Carolina keep the spirit of Mossy alive in the museum?

Helen Keller said, “Your success and happiness lies in you. Resolve to keep happy, and your joy and you shall form an invincible host against difficulties.” She also said, “When one door closes, another opens. But we often look so regretfully upon the closed door that we don’t see the one that has opened for us.”

Our Fall sermon series is an opportunity to focus on the “open door” of happiness. The emerging field of Positive Psychology shows that there are things we can do and choices we can make that help us feel more contentment and happiness. It probably shouldn’t be surprising that most of these are things the Bible and church tradition also teach. Our new sermon series - “Happy People” - will be a motivating walk through Spiritual Disciplines such as Bible Reading, Meditation and Prayer, Generosity, Fasting, and Worship. It will encourage you to grow in faith and also show how these practices lower anxiety, improve health, and have the benefit of helping us become more “Happy People.”

Make a point of joining us every Sunday you are able.

Open Hearts, Open Minds, Open Doors
Next Meeting Monday, September 9
6:30 p.m. Heritage Room

This group is meeting in response to the General Conference 2019 vote on LGBTQ issues, with a goal of affirming that First United Methodist Church of Carbondale welcomes everyone. It is also a place for sharing information about what is happening across our denomination and ways to effect change.

If you would like to learn more about this topic, please join us.
Take time to wish Happy Birthday to all of our church members and friends who celebrate birthdays in September 2019

| September 01 | September 02 | September 03 | September 04 | September 05 | September 06 | September 07 | September 08 | September 09 | September 10 | September 11 | September 12 | September 13 | September 14 | September 15 | September 16 | September 17 | September 18 | September 19 | September 20 | September 21 | September 22 | September 23 | September 24 | September 25 | September 26 | September 27 | September 28 | September 29 | September 30 |
|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
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**SUNDAY CHRISTIAN EDUCATION**

**Children’s Opportunities, Sundays**

Sundays at 9:30 a.m. *Children’s Sunday School* (K-5th grade) uses the Deep Blue from Cokesbury.

Main Topic: “David’s Family” - Aug. 25 Sunday School—“David and Solomon”

Main Topic: “Communities Welcome” - Sept. 1 Sunday School—“We Are One”

**Adult Opportunities, Sundays at 9:30 a.m.**

**Renew Class** - Renew is a group of women seeking deeper meaning in their lives through Bible study, reflection and prayer. New study started August 11: Five Means of Grace-Experience God’s Love the Wesleyan Way. They meet in the Chapel. Women of all ages are welcome.

**The Electives Class** - Scripture studies following the lectionary led by Rev. John Sims. They meet in the Heritage Room. All are welcome!

**Small Group Opportunities**

**Gentle Toning, Stretch, and Yoga Techniques** meets on Thursdays at 5:45 p.m., Rm 404, the Chapel.

**Golden Yoga** meets on Tuesdays at 10:15 a.m. and on Fridays at 9:30 a.m., Rm 404, the Chapel. A fee is charged for this class.

**Grateful Hearts** meets on Wednesdays at 6 p.m. in Room 308. This class is taking a break for the Summer. Class will resume some time in September.

**Men’s Group** All men of the church are invited to coffee and refreshments on Tuesday mornings at 8:30 a.m. in the Heritage Room. We discuss anything and everything from the perspective of our relationship with God.

**Open Hearts, Open Minds, Open Doors** meets in the Heritage Room. Help us explore ways we can share the love of Christ with all people? Come share your ideas. Looking forward to seeing you!

**The Daniel Plan Essentials** meets in Room 403 at 9:00 a.m. on Tuesdays. They started the series The Science of Natural Healing on April 2. Everyone welcome.

**Youth Group** meets on Wednesdays at 6 p.m. in the Chapel. They will resume meeting on August 21. Time and location to be determined.

Get Connected...to great opportunities for spiritual growth and fellowship on your Christian journey.

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  - Beverly Conrad
  - John Davis
  - Phil Willison
  - Milly Kaiser
  - Sandra Walker
  - Hannah Gilchrist
  - Lucas Grotts
  - Ron Stadt
  - Holden Woolridge

- **September 02**
  - John Davis
  - Phil Willison
  - September 03
  - Milly Kaiser
  - Sandra Walker
  - September 04
  - Hannah Gilchrist
  - September 05
  - Lucas Grotts
  - Ron Stadt
  - Holden Woolridge

- **September 06**
  - Jay Phelps
  - Eileen Walker
  - Allison Wortel
  - Nathan Wright
  - Ashley Matzenbacher
  - September 07
  - Steve Crippen
  - Chelsea Duke
  - Don Rush
  - Linda Benz-Foskey
  - Philip Robertson
  - Kathy Swindell

- **September 08**
  - Ron Benton
  - Darrin Caldwell
  - Reese Funk
  - Bruce Fink
  - Tiffany Ramsden
  - Anna Marie Burke
  - Joy Crippen
  - Hayley Jannings

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