IN CHURCH THIS SUNDAY
AUGUST 18, 2019
8:15 and 10:45 a.m. Worship Service
9:30 a.m. Sunday School

Tenth Sunday after Pentecost

Sermon Series: Pillars of Faith
The Sermon: “The Eyes of Faith”
Rev. Howard White

Scripture: Hebrews 11:29-12:2
Luke 12:49-56

Anthem: 8:15
Lamb of God
Betty Buzbee, soprano
10:45
Come with Joyful Singing
Sanctuary Choir

Hymns:
127 Guide Me, O Thou Great Jehovah
611 Child of Blessing, Child of Promise
332 Abide with Me
710 O Jesus, I Have Promised

FIRST Thoughts

Pardon Our Dust

Have you seen the new carpet? First UMC’s major renovation is in the final stages, and it feels like something new and exciting is being revealed every week: The choir room, the youth room, the chapel, Heritage Room paint and carpet, Narthex carpet. We’re looking forward to using our new conference room, getting the fellowship hall back into service, and moving staff out of their temporary spaces. It feels like a long time since the construction began, but we’re getting close to the end. We’ll be able to take down our “Pardon our Dust” signs and enjoy our facility looking better, and serving our ministry needs better than it ever has.

But, remember! even if we finish the construction of our church building, a healthy congregation is always “under construction.” We’re always listening for God’s guidance about ways to grow and develop. That’s true for the congregation and it’s true for all the people in the church. God is never finished with us. Pablo Martinez, a Christian Psychologist says that one of the biggest problems he deals with as a therapist is when Christians forget this.

Specifically, Martinez says that Christians have a perfectionism problem. We think that we are supposed to project to the world that everything is perfect in our lives. Psychologically, this effort to be flawless usually backfires.

The Bible does call us to “Be perfect, therefore, as your heavenly Father is perfect” (Mt. 5:8) But Biblical perfection - the Greek word Teleios - means something like “mature” or “grown up.” Jesus gave us an important clue about what it means to be a Christian when he called his followers “disciples.” Disciples are students. The whole point of being a disciple is to admit that you have something to learn. We are, by definition, not finished or perfect.

Even if we take the “Pardon our Dust” signs down from our building, let’s leave them up on our lives. A major component of becoming mature spirituality is the ability to confess our failings, receive forgiveness and keep moving forward. Let’s admit to ourselves and others the truth some of us were taught to sing as children, “He’s still workin’ on me.”

God Bless, Pastor Howard

**Altar flowers** are given by Janet and Andy Earnest in honor of Bob Weiss from the grateful NYC Singers.

**Special Flowers** in front of the pulpit are given by the McNally family in memory of Paul Anders.

Acolytes: Paige Hefferman, Rayna Lucas

Indoor Greeters: Marilyn Mitchener

Liturgists: 8:15: Duane Stucky; 10:45: Abby Koch

Sound System Operators: 8:15: Steve Mitchell
10:45: Keven Mitchell

Coffee Hosts: 8:15 Lyn Christy & Jeff Anderer
10:45 Alison & Trent Funk

Outside Greeters: The Hinde Family

August Ushers: Mike Neill, Captain; 8:15 Volunteers Needed; 10:45 Ron Browning, Joe Lenzini, Lori Palmer, Krishna Balasubramanian, Will Stephens

Pastor: The Rev. Dr. Howard L. White
Associate Pastor: Yiwen Bi
Dir. of Christian Education: Necia Jannings
Prayer Chain: Email: Sara Hinde at sjhinde04@gmail.com
Broadcast: 10:45 service is heard live on WCIL-AM (1020)
For van rides: Call the church office (457-2416)
Email: fumc@fumc-cdale.org
Website: www.fumc-cdale.org
Facebook: www.facebook.com/FirstUnitedMethodistCdale

Our Mission Statement: “Called together by the Holy Spirit, we proclaim God’s presence and love in the world through prayer, worship, education and service. We invite children, youth, and adults to become disciples of Jesus Christ, live fully in the Holy Spirit, and embrace God’s love.”
As of August 14, 2019
PARISH pulse

In Church This Week
Aug. 15 to Aug. 29

Disciples for Sunday, August 18, 2019
Van Driver: Dan Anderson, III
Welcome Center: 8:15 Barb Bedient; 10:45 Barbara Kimmel
Children’s Church Registration: Mari Ann Oberg
Children’s Church: Joan Hart, Cayden & Carlisle Hinde

PARISH OF FAITH
PILLARS
Series - Pillars of Faith
Aug 11 - Sept. 1
What does it mean to have faith, to trust in things not seen?
The "Pillars of Faith" series title refers both to people and also to principles. This Sunday, we continue the "Heroes Hall of Fame" that the book of Hebrews began last Sunday. In the book of Hebrews and in Jesus’ teachings in the Gospel of Luke, we learn how faith empowers us to see the unseen, boldly seek God in the face of opposition, and trust God to accomplish things we can only imagine.

Do you know of an address for the following people? If so, please let the office know.
Christopher Butts
Cyndie Cherry-Baine
Doug Ellis
Carl Herzog
James Kilduff
Tanna Morgan
Earlene & Andrea Quigley
Lauren & Lindsey Rodgers
Don & Sheri Rush and family
Jeanne Tallman
Joseph Toe

RED CROSS BLOOD DRIVE
FUMC, HERITAGE ROOM
MONDAY, AUGUST 19, 2019, 1:30 - 5:45 p.m.
visit www.redcross.org/give-blood Give Blood, Save a Life.
SIGN UP SHEETS ARE AVAILABLE IN THE NARTHEX.

15 Thursday
5:45 Gentle Toning, Stretch and Yoga
7:00 Choir Rehearsal, Sanctuary
16 Friday
9:30 Golden Yoga, Room 404 *
17 Saturday
8:15 Worship Service
9:30 Sunday School
10:45 Worship Service
19 Monday Fall Semester Starts at SIUC
1:30-5:45 Red Cross Blood Drive

20 Tuesday
8:30 Men’s Group, Heritage Room
9:00 Daniel Plan, Room 403
10:00 Morning Circle, Sue Stucky’s Home
(Church bus departs 9:30 a.m.)
10:15 Golden Yoga, Room 404 *
5-6:30 Rotary Club, Heritage Room
6:30 Eagle Board, Rm. 308

21 Wednesday
9:00-3 Healing Touch (by appointment), Rm 403
TBD Youth Group, TBD

22 Thursday
5:45 Gentle Toning, Stretch and Yoga
7:00 Choir Rehearsal, Sanctuary
* A fee is charged.

24 Saturday
Blood Pressure Sunday
8:15 Worship Service
9:30 Sunday School
10:45 Worship Service

25 Sunday
8:15 Worship Service
9:30 Sunday School
10:45 Worship Service

26 Monday
8:15 Men’s Group, Heritage Room
9:00 Daniel Plan, Room 403
10:15 Golden Yoga, Room 404 *

28 Wednesday
9:00-3 Healing Touch (by appointment), Rm 403
TBD Youth Group, TBD

29 Thursday
5:45 Gentle Toning, Stretch and Yoga
7:00 Choir Rehearsal, Sanctuary

* A fee is charged.

WILL NOT MEET IN AUGUST
We plan to resume in September.
Watch the Asburian for News!!!
## CALENDAR OF UPCOMING EVENTS

August 20 - Morning Circle, 10 a.m.
Hostess: Sue Stucky
Transportation: Church bus will depart at 9:30 a.m.
See you at the lake!

## Fall 2019 Youth Group

Wednesdays
Beginning 8/21/19

(details of time & place coming soon. All youth are welcome to be part of this group – Whether you worship at FUMC, elsewhere or just want to grow in your faith!)

"Rejoice with those who rejoice; mourn with those who mourn" (Romans 12:15)

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## YEAR-TO-DATE FINANCIAL REPORT

### AS OF JULY 31, 2019

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## Count Down of 10 Reasons to teach...

6. It’s a great opportunity to serve together with a friend, your teen, or spouse.

**BONUS:** Along the way, you’ll grow in patience, humility, and selflessness

**SKILLS NEEDED:** ability to read, sense of humor, caring spirit, love of God growing in your heart.

Contact Necia at 457-2416 or neciaj@fumc-cdale.org

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## Check it out...in the Children’s Library

**Let’s Do Nothing!**

By Tony Fucile

“Meet Frankie and Sal, two boys who’ve done it all…What’s left to do? Just when it seems they will collapse from boredom, Sal gets a brilliant idea. What about nothing? But is it possible—can two boys do ten whole seconds of nothing?”

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**Mark Your Calendars!!**

...Lunch provided, entertainment, swimming, boating, hiking, food, fun for all ages, and fellowship at Little Grassy United Methodist Church Camp.
Thank You!

The Missions Committee thanks you for your generous donations of food items in July, which will be delivered to Feed My Sheep at Bethel AME Church. We continue the I Can, One (1) Can summer food donation mission in August, and donated canned and non-perishable food items will be given to the Wesley Foundation.

Thank you for helping to serve those in need! Missions Committee

Musicians—Be Part of Something Special

Sanctuary Choir rehearsals resume this week on Thursday, August 15 from 7-8 pm. This is a great opportunity to join the choir and help provide a great service to the church. Singers, high school age and up, and of all vocal abilities are welcome. If you love to sing, come give us a try.

Give Bob Weiss a call. (618-203-1672) if you are interested or have questions.

SUNDAY CHRISTIAN EDUCATION

Children’s Opportunities, Sundays

Sundays at 9:30 a.m. Children’s Sunday School (K-5th grade) uses the Deep Blue from Cokesbury. Main Topic: “David’s Family” - Aug. 18 Sunday School—“David and Mephibosheth”

Sundays at 10:45 a.m. Children’s Church (K-5th grade). All children are invited to Children’s Church following the Children’s Time at the 10:45 a.m. worship service.

Youth Opportunities, Sundays at 9:30 a.m.

9:30 a.m. Junior/Senior High Class meets in Room 414 and uses a variety of materials connecting the lessons of the Bible with issues relevant to today’s youth.

Adult Opportunities, Sundays at 9:30 a.m.

Renew Class - Renew is a group of women seeking deeper meaning in their lives through Bible study, reflection and prayer. New study started August 11: Five Means of Grace-Experience God’s Love the Wesleyan Way. They meet in the Chapel. Women of all ages are welcome.

The Electives Class - Scripture studies following the lectionary led by Rev. John Sims. They meet in the Heritage Room. All are welcome!

Small Group Opportunities

Gentle Toning, Stretch, and Yoga Techniques meets on Thursdays at 5:45 p.m., Rm 404, the Chapel.

Golden Yoga meets on Tuesdays at 10:15 a.m. and on Fridays at 9:30 a.m., Rm 404, the Chapel. A fee is charged for this class.

Grateful Hearts meets on Wednesdays at 6 p.m. in Room 308. This class is taking a break for the Summer. Class will resume some time in September.

Men’s Group All men of the church are invited to coffee and refreshments on Tuesday mornings at 8:30 a.m. in the Heritage Room. We discuss anything and everything from the perspective of our relationship with God.

Open Hearts, Open Minds, Open Doors meets in the Heritage Room. Help us explore ways we can share the love of Christ with all people? Come share your ideas. Looking forward to seeing you!

The Daniel Plan Essentials meets in Room 403 at 9:00 a.m. on Tuesdays. They started the series The Science of Natural Healing on April 2. Everyone welcome.

Youth Group meets on Wednesdays at 6 p.m. in the Chapel. They will resume meeting on August 21. Time and location to be determined.

Get Connected...to great opportunities for spiritual growth and fellowship on your Christian journey.

Welcome SIU students Go Salukis!!